

Useful Packing Suggestions for the ISC

International Student Conference 2019

DOCUMENTS

- Passport
- Permission Slip for minors (participants under the age of 18 years)
- 250 CHF participation fee if you want to pay in cash at the registration desk.
- If you if you are granted a free ticket or travel expenses refund, you can pick up your free ticket at the reception and refunds in Constaza Kaliks' office (Our colleagues at the reception will be happy to show you the directions)

CLOTHES

- Please check the weather forecast for the dates of the conference, so your clothes are best fitted for this week.
<https://www.accuweather.com/en/ch/dornach/314811/weather-forecast/314811> (the evenings, nights and mornings tend to be quite chilly and you will be outside sometimes so please bring enough warm cloths)
- Also take sports clothes if you want to participate in one of the sports workshops, morning warm up or a free afternoon activity.
- Don't forget to bring comfortable shoes for the Creative intervention in Basel and the way from the school to the Goetheanum every morning.
- If you have a spare **white T-shirt**, please bring it so that we can print and paint on it for the Creative Intervention in Basel. Our wish is to all have something in common to be recognised as a group and it would be a nice souvenir to take back home! If you have several white t-shirts, that you are willing to share with others that's even better.

BATHROOM AND PERSONAL-CARE PRODUCTS

- Towel
- Swimming gear for showering if you wish (there will be shared showers)
- Shampoo
- Hygiene products
- Tooth brush and paste
- For those of you who make constant use of any kind of medicine, please remember to bring it with you

SLEEPING AND ACCOMMODATION

- Sleeping bag

- Duvet cover
- Pillow (if you need one)
- And if you feel like it, also bring sleeping masks and ear plugs. Remember that the rooms will be shared.

SPECIAL / USEFUL EXTRAS

- Notebook to take notes
- Music instrument for the free afternoons and jam sessions in the Nightcafé
- Some pocket money which you can spend at the Nightcafé (5 - 15 CHF / Euro)
- A football / basketball / or any other game you would love to play in breaks

WHERE TO GO?

- The address of the Goetheanum, where the ISC will take place, is:
Goetheanum, Rüttigweg 45, 4143 Dornach-Arlesheim, Switzerland,

- The address of the school in which all participants will sleep is:
Apfelseestrasse 1, 4147, Asch, Switzerland

- The address of the Youth Section house, where those who will arrive early can eat and find staff members is:
Rüttiweg 1, 4143, Dornach Switzerland

WHEN TO ARRIVE?

- The arrival time for our conference is between **12 and 2 pm** at the registration desk in the Goetheanum.
- The Opening Ceremony will start at 2:00 pm with a following lecture of Dr. Constanza Kaliks.